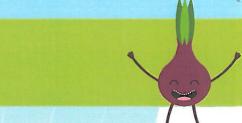
Tummy Fillers



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Week Comm	encing: 4th June, 25th Jun	e, 16th July, 3rd Septe	mber, 24th September	r and 15th October 201	.8
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	E&B Butchers Beef Burger in a Bun with Homemade Jacket Wedges and Tomato Sauce served with Peas and Coleslaw	Traditional Spaghetti Bolognaise served with Green Beans, Carrots and Homemade Wholemeal Garlic Bread	Roast Pork served with New Potatoes, Cabbage, Seasonal Vegetables and Gravy	Homemade Chicken and Sweetcorn Pie served with Mashed Potatoes, Broccoli and Sweetcorn	Breaded Fish Fing served with Chip: Tomato Sauce, Pe and Baked Bean:
Alternative Main	Quom Burger in a Bun with Homemade Jacket Wedges and Tomato Sauce served with Peas and Coleslaw	Macaroni Cheese served with Green Beans, Carrots and Homemade Garlic Bread	Roasted Quorn Fillet served with Stuffing, New Potatoes, Cabbage, Seasonal Vegetables and Gravy	Cheese Quiche served with Homemade Jacket Wedges, Tomato Sauce, Broccoli and Sweetcorn	Vegetarian Tortill. Layer served with Chips, Tomato Sau Peas and Baked Beans
Dessert	Jam Shortbread with Custard	Fruit Sponge served with Toffee Sauce	Treacle Syrup Sponge served with Ice Cream	Ice Cream served with Bananas	Chocolate Muffir
Week Comn	nencing: 11th June, 2nd Ju	ly, 23rd July, 10th Sept	tember and 1st Octobe	er 2018	
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Bacon and Tomato Pasta served with Carrots and Sweetcorn	Butchers Sausages served with Mashed Potatoes, Cauliflower, Green Beans and Gravy	Roast Chicken served with Stuffing, Crispy Roast Potatoes, Peas, Carrots and Gravy	Beef Chilli Con Carne served with Wholegrain Rice, Green Beans and Sweetcorn	Traditional Fish w Chips served wit Peas, Baked Bea and Tomato Saud

Alternative Main

W/holemeal Homemade Cheese and Tomato Pizza served with Half a Jacket Potato, Carrots and Sweetcorn

Chocolate Oaty Bite served with Apple Wedges

Quorn Sausages served with Mashed Potatoes, Cauliflower, Green Beans and Gravy

Chocolate Pinwheel Shortbread and Chocolate Sauce

Roasted Quorn Fillet served with Stuffing, Crispy Roast Potatoes, Peas, Carrots and Gravy

> Fruit Jelly and Mandarins

Cool Mexican Bean Wrap served with Wholegrain Rice, Green Beans and Sweetcorn

Toffee Cream Tart

Bean and Vegetable Grill served with Chips, Peas, Baked Beans and Tomato Sauce

Cornflake Tart served with Custard

Week Commencing: 18th June, 9th July, 17th September and 8th October 2018

Week 3 Wednesday

Dessert

Main Meal

Alternative Main

Dessert

Monday

Salmon Sub Melt served with Half a Jacket a Potato, Baked Beans and Sweetcorn

Homemade Wholemeal Cheese and Tomato Pizza served with Half a Jacket Potato, Baked Beans and Sweetcorn

Sticky Toffee Pudding with Custard

Tuesday

Italian Beef Meatballs in a Tomato Sauce served with Wholegrain Rice, **Broccoli and Carrots**

Mexican Beandillas served with Wholemeal Rice, Broccoli and Carrots

Gooey Chocolate Fudge Cake

Roast Chicken served with a Yorkshire Pudding, New Potatoes, Cauliflower, Green Beans and Gravy

Roasted Quorn Fillet served with a Yorkshire Pudding, New Potatoes, Cauliflower, Green Beans and Gravy

Flapjack Finger served with Apple Slices

Thursday

Traditional Beef Lasagne served with Seasonal Vegetables, Peas and Homemade Wholemeal Garlic Bread

Roasted Vegetable Lasagne served with Seasonal Vegetables, Peas and Homemade Wholemeal Garlic Bread

Fruit Jelly served with Peaches

Friday

Breaded Fish Fingers served with Chips, Peas, Baked Beans and Tomato Sauce

Homemade Bean and Vegetable Grill served with Chips, Peas, Baked Beans and Tomato Sauce

Apple Pie served with Cream

Salad Feast Jacket Potatoes, Freshly Prepared Salad Bar, Wholemeal

