



Bunwell in Brief

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Together, we will strive to ensure that we C.A.R.E and our children are: confident, able learners, responsible members of the community and effective learners.

Newsletter 8 - 11th February 2022

Ladybirds: This week in Literacy, Ladybirds have been taking part in shared story time. This is where they listen to a story in a small group, ask questions and practice their listening skills and comprehension. Reception have then been practicing their sentence writing after the session. In Maths, Nursery have been working on their number recognition and counting numerals accurately and Reception have been learning to find matching pairs and matching numeral to quantity. In the afternoons they have been continuing their PE topic on gymnastics, in Art they have been exploring materials and using their imagination and in History they have been explaining similarities and differences between pictures of school, cars and houses in the past and now.

Badgers:

Badgers have been on an adventure to the stone age this week! They really enjoyed being out and about and learned lots about the Stone Age from the wonderful staff at the Time and Tide Museum. We are completing our Stone Age stories this week before half term as well as finishing our castles. It has been a very difficult half term for the children in Badgers but they have all been wonderful and resilient!

Hedgehogs:

In Hedgehogs, we have been reading the enormous turnip before changing parts to make it our own story. We then edited our work and wrote it neatly to make a book. In Maths the year 1s have been adding/subtracting up to 20 as well as place value to 50. The year 2s have been working on their 2, 5 and 10x tables as well as creating and interpreting pictograms, tally charts and block graphs. We have also been designing and making windmills for a family of mice from Amsterdam to live in!

Foxes:

Foxes class have moved on from their work on fractions and their revision of number to the topic 'Position and Direction,' and have been learning about coordinates, symmetry and reflection and translations. In English they have been using different types of words to write sentences and have written their own Knowledge Organisers. Work on Space continues in science and on Space Exploration in history.

Children's Mental Health Week

This week is children's mental health week, over the last two years we have seen a huge rise in mental health issues amongst children. Only last week in the news it was reported that there has been a 77% rise in the number of children needing specialist treatment with schools also reporting a huge rise in less severe issues.

As adults, it can be hard to know what to say and how to support our children. I posted some tips and ideas on Dojo earlier in the week. Often simply talking can be the starting point and helping children understand the range of emotions is hugely beneficial. Supporting children understand that it's normal to feel worried or angry or upset at times and that there are things we can do to cope with these emotions gives them strategies to cope and enjoy day to day life.

If you think your child needs additional support, please speak to us and we can point you in the direction of additional resources and support.

Self-Care & Mental Health

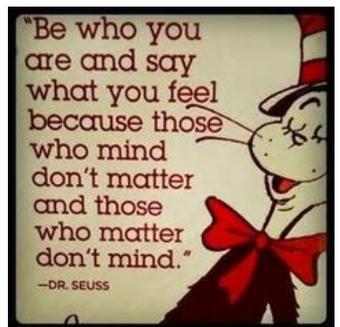
for Kids

- Share your own feelings to encourage self-awareness.
- Set aside time for low-stress or solo activities.
- Encourage your child to focus on the moment.
- Recognize toxic stress events.
- Find social groups that help them feel like they belong.
- Practice self-care for yourself to set the standard.
- Establish a self-care routine.
- Cultivate interests and hobbies.

Encourage journaling and diaries.

Focus on articulating feelings. "I am angry." "I am sad."

Blessing Manifesting



Safeguarding at Bunwell

At Bunwell all staff have a responsibility to safeguard children. If you ever have a concern about a child or a member of staff then please contact one of our designated safeguarding leads: Mr Tuckett, Miss Husbands or Mrs Brookes. You can also ring the number 0344 800 8020 if you have a concern about a child outside school.

Bunwell Primary School is registered with Operation Encompass. This means that Norfolk Police will contact the school concerning any domestic incidents which involve the families of our children the day after the incident occurred.

Dates for your diary

Monday 14th—Friday 18th February—half term

Tuesday 22nd February—Thinking Day

Thursday 3rd March —World Book Day

Thursday 10th March—Foxes to the Sainsbury Centre

Thursday 24th March —EY/KS1 to Melsop Farm

Friday 25th March—non-uniform day (Easter donation)

Friday 1st April—Easter raffle, end of term

Monday 4th—Tuesday 19th April—Easter holiday

Wednesday 20th April—summer term starts

Friday 29th April—school closed (Jubilee Bank Holiday)

Attendance

Our attendance is slowly returning to normal. Covid has really hit us hard at Bunwell over the last few weeks. However, children and families affected have been able to engage with remote learning again and staff have been well placed to check in with families regularly.

I really hope that we will return to some sort of normality after half term, it has been a long time coming!

Before and After School Club

Breakfast club starts at 7:45am and children are served toast, cereal or fruit. After school club runs until 5:30pm and there is a choice of sandwiches, fruit and vegetables for tea. Sessions cost £5 for breakfast club and £8 for after school club. Please book your sessions via Wisepay under the 'School Clubs' section.

Thinking Day

Tuesday 22nd February marks Thinking Day and we invite all children who are Beavers, Cubs, Rainbows or Brownies to come to school wearing their uniform. The focus this year is Our World, Our Future and looks at the environmental issues which we are facing and how we can take action for a better world.

Online Safety

Tuesday was Safer Internet Day. I think it is fair to say that we would have all been lost without the Internet over the last couple of years, whether as a way to engage with remote learning during school closures, keep in touch with family and friends or to order essentials! However, the online world does not come without its pitfalls.

The focus of this year's Safer Internet Day this year is exploring respect and relationships online. In a survey carried out by UK Safer Internet Centre, a staggering 65% say people are meaner to each other online than in real life. This reflects what we see in school. It is not uncommon for us to deal with incidents which have happened online where children have said things to each other that they wouldn't have dreamed of saying face to face. As part of our online safety lessons, we often remind children that if they wouldn't say something to someone face to face, they shouldn't say it online.

From gaming and interacting with their friends, the internet is shaping the world children today are growing up in, it is our responsibility to make sure that they have the tools to navigate it successfully. It is about giving the children the structure and confidence to manage their online lives; whether that's having screen free time built into the week, rules around screen time at home, devices in communal areas of the home or making sure that children are not playing games which are unsuitable for their age.

There are plenty of top tips and resources for parents and carers here:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers>